

Oxford Academy Lunch Program

presented by Greater Miami Caterers, Inc.

February 2012

This menu is Dietician Approved to meet NSLP & CCFP.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 BREADED CHICKEN STRIPS MASHED POTATOES KERNEL CORN CHERRY JELLO CHEESE BISCUIT W/MARGARINE KETCHUP</p>	<p>7 SPAGHETTI with MEATBALLS TOSSED SALAD w/ DRESSING MANGO CHUNKS GARLIC DINNER ROLL</p>	<p>8 ROPA VIEJA WHITE RICE FRIED PLANTAINS GREEN PEAS CHOCOLATE CAKE</p>	<p>9 ARROZ CON SALCHICHAS LENTIL SOUP POTATO CHIPS DICED PEARS</p>	<p>10 DOMINO'S CHEESE PIZZA KERNEL CORN TOSSED SALAD w/ DRESSING FRESH ORANGE WEDGES</p> <p>SCHOOL CLOSED Teacher's Planning Day</p>
<p>13 CARNE CON PAPAS WHITE RICE GREEN BEANS CHOCOLATE BROWNIES WHITE BREAD w/ MARGARINE</p>	<p>14 ARROZ CON POLLO CASSEROLE FRIED PLANTAINS MELON CUBES CUBAN CRACKERS w/ MARGARINE</p>	<p>15 RAVIOLI with MEATSAUCE MINESTRONE SOUP TOSSED SALAD w/ DRESSING BANANA CAKE GARLIC DINNER ROLL</p>	<p>16 SALSBURY STEAK w/GRAVY MACARONI AND CHEESE MARINATED BEAN SALAD TROPICAL FRUIT SALAD WHITE BREAD w/MARGARINE</p>	<p>17 BREADED CHICKEN STRIPS MASHED POTATOES MARINATED BROCCOLI SALAD APPLE SAUCE GARLIC DINNER ROLLS</p>
<p>20 SCHOOL CLOSED Holiday</p>	<p>21 BREADED CHICKEN STRIPS YELLOW RICE BROCCOLI & CHEESE CASSEROLE WHOLE BABY CARROTS CHERRY JELLO</p>	<p>22 HAM CROQUETTES BAKED BEANS CAESAR SALAD RICE PUDDING CUBAN BREAD ROLL w/ MARGARINE</p>	<p>23 SOFT BEEF TACOS SPANISH RICE with KERNEL CORN REFRIED BEANS w/ CHEESE FRESH ORANGE WEDGES</p>	<p>24 CHEESEBURGER CREAMED SPINACH POTATO STICKS AMBROSIA FRUIT SALAD HAMBURGER BUN</p>
<p>27 BREADED CHICKEN SANDWICH MACARONI AND CHEESE KERNEL CORN DICED PEARS HAMBURGER BUN MAYONAISE</p>	<p>28 PAN CON BISTEC POTATO STICKS MARINATED CUCUMBER SALAD FRESH APPLE</p>	<p>29 PICADILLO WHITE RICE BONIATO TOSSED SALAD w/ DRESSING FLAN</p>		

ALL MEALS ARE SERVED WITH WHOLE OR 2% LOW FAT MILK (YOUR CHOICE)
MINIMUM PORTION GUIDELINES ARE CHILD MEAL PATTERN COMPONENTS
AS FOLLOWS:

3 TO 5 YEARS OLD
8 OZ.
1 1/2 CUP TOTAL
2 OR MORE - 1/2 CUP TOTAL
1/2 SLICE OR 1/4 CUP

6 TO 12 YEARS OLD
8 OZ.
2 OZ.
2 OR MORE - 3/4 CUP TOTAL
1 SLICE OR 1/2 CUP

13 TO 18 YEARS OLD
8 OZ.
3 OZ.
2 OR MORE - 1 CUP TOTAL
1 SLICE OR 1/2 CUP