Oxford Academy Breakfast Menu (Cold) Program

presented by Greater Miami Caterers, Inc.

February 2012

This menu is Dietician Approved to meet NSLP & CCFP.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 APRICOT HALVES ENRICHED COLD CEREAL WHOLE WHEAT BREAD W/ MARGARINE	2 STRAWBERRY APPLESAUCE ENRICHED COLD CEREAL MULTIGRAIN BREAD W/ MARGARINE	3 **SCHOOL CLOSED** Teachers Planning Day
6 DICED PEARS ENRICHED COLD CEREAL WHOLE WHEAT BREAD RAISINS MARGARINE	7 SLICED PEACHES ENRICHED COLD CEREAL OAT BRAN MUFFIN JELLY	8 APRICOT HALVES ENRICHED COLD CEREAL DRIED BANANA CHIPS WHOLE WHEAT BREAD W/ MARGARINE	9 PINEAPPLE TIDBITS ENRICHED COLD CEREAL FRENCH BREAD JELLY	10 FRESH BANANAS ENRICHED COLD CEREAL MULTIGRAIN BREAD W/ MARGARINE
13 DICED PEARS ENRICHED COLD CEREAL WHOLE WHEAT BREAD W/ MARGARINE	14 FRUIT COCKTAIL ENRICHED COLD CEREAL DINNER ROLL JELLY	15 FRESH BANANAS ENRICHED COLD CEREAL WHOLE WHEAT BREAD W/ MARGARINE RAISINS	16 MANDARIN ORANGE SLICES ENRICHED COLD CEREAL BLUEBERRY MUFFIN W/ MARGARINE	17 PINEAPPLE TIDBITS ENRICHED COLD CEREAL ENGLISH MUFFIN DRIED APPLE SLICES JELLY
20 **SCHOOL CLOSED** Holiday	21 FRUIT COCKTAIL ENRICHED COLD CEREAL CINNAMON RAISIN BREAD JELLY	22 FRESH BANANAS ENRICHED COLD CEREAL WHOLE WHEAT BREAD MARGARINE	23 SLICED PEACHES ENRICHED COLD CEREAL DINNER ROLL JELLY	24 TROPICAL FRUIT SALAD ENRICHED COLD CEREAL OAT BRAN MUFFIN DRIED APPLES SLICES
27 FRESH APPLE ENRICHED COLD CEREAL WHOLE WHEAT BREAD W/ MARGARINE DRIED BANANA CHIPS	28 MANDARIN ORANGE SLICES ENRICHED COLD CEREAL CINNAMON RAISIN BREAD JELLY	29 APRICOT HALVES ENRICHED COLD CEREAL WHOLE WHEAT BREAD W/ MARGARINE		

ALL MEALS ARE SERVED WITH 2 % LOW FAT MILK OR 1% LOW FAT MILK (YOUR CHOICE)

MINIMUM PORTION GUIDELINES ARE AS FOLLOWS: (OUR SERVING PORTIONS ALWAYS MEET OR EXCEED REQUIREMENTS)	CHILD MEAL PATTERN COMPONENTS	3 TO 5 YEARS OLD	6 TO 12 YEARS OLD	13 TO 18 YEARS OLD
	MILK	6 OZ.	8 OZ.	8 OZ.
	MEAT OR MEAT ALTERNATES	1 1/2 OZ.	2 OZ.	3 OZ.
	VEGETABLE AND/OR FRUITS	2 OR MORE - 1/2 CUP TOTAL	2 OR MORE - 3/4 CUP TOTAL	2 OR MORE - 1 CUP TOTAL
	GRAIN/BREAD OR BREAD ALTERNATE	1/2 SLICE OR 1/4 CUP	1 SLICE OR 1/2 CUP	1 SLICE OR 1/2 CUP

https://portal-mail.4sdeschools.net/exchange/dbeker/Inbox/February 2012 Menu.EML/1_multipart_xFBFF_2_Oxford Academy - Breakfast (Cold).xls/C58EA28C-18C0-4a97-9AF2-036E93DDAF83/Oxford Academy - Breakfast (Cold).xls